Panama Mission 2018
January 20th (Saturday) – January 28th (Sunday)

This mission is designed to bring medical/dental care to the hill communities of Los Valles in Central Panama. Little known to most North Americans are Panama’s indigenous peoples.

We will be working in the Veraguas Province with the Bugle/Ngobe people which are Panama’s largest indigenous group with around 164,000 members. They were once known as fierce warriors, who wore an ornament called the Chaquira. The Chaquira remains a symbol of their culture, but is now sophisticated hand-beaded jewelry that is a source of income for the tribe.

We have set up this mission so that you will arrive Saturday in Panama City and stay at a comfortable hotel. Sunday we visit the Panama Canal.

On Sunday we head out for the Veraguas Province where we will have our clinics the following Monday through Wednesday. Thursday morning we head out to Boquete.

Saturday we are back in Panama City where we have time to visit the old city Panama.

January 20th Saturday - Arrive Panama City
Flights will arrive throughout the day and into the night. The team will officially assemble for Breakfast on Sunday. This is a free day but do check in with the team leader upon your arrival at the hotel.

January 21st Sunday – After Breakfast,
We will have a special tour of the Panama Canal. Travel up to Los Valles Sunday afternoon.

January 22nd Monday – Medical/Dental Clinic – El Bale

January 23rd Tuesday – Medical/Dental Clinic – Llanto Bonito
January 24th Wednesday – Medical/Dental Clinic – Llanto Bonito

January 25th & 26th Thursday & Friday – Explore Panama
We will be staying in Boquete, Boquete, 60k from the
Costa Rican border. This is a small town on the Caldera
River in Western Panama. The surrounding Chiriquí
Highlands are home to coffee plantations and the Barú
Volcano National Park
Many activities available: Zip lines, hiking, spa, etc.

January 27th Saturday - Return to Panama City
We will tour the Old City and have time to shop.

January 28th Sunday Departure.

Donation for the Mission is $2385
Your (tax deductible) donation to FDoA includes the following:

- All Ground Transportation
- Round trip air fare from David (Boquete) to Panama City
- 2 nights accommodation in Boquete (double occupancy)
- 2 nights accommodations in Panama City (double occupancy)
- 4 nights accommodations in Los Valles (dorm accommodations)
- All Meals are provided (B,L,D) except for your
  meals the day you arrive in Panama City (Jan 27th)
- Walking Tour of old city Panama & seeing the
  Panama Canal Locks
- Purchase of Medical Supplies and Medications
- Interpreters and Area Coordinator
- Flying Doctor T-shirts
- $585 Donation to Flying Doctors of America

Not included: Your airfare from USA to Panama City, meals the day you arrive in Panama City (Jan 20th), any
alcoholic beverage, phone calls, room charges, departure/airport taxes. Flying Doctors recommends that you
book ahead and use your frequent flyer miles for your USA to Panama air portion. $100 FDoA Membership
Fee (Please see your membership benefits on our website)